

## February is National Children's Dental Health Month

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The National Children's Dental Health Month campaign slogan for 2019 is "Brush and clean in between to build a healthy smile." This National observance is brought to you by the American Dental Association. The purpose of this observance is to promote the benefits of good oral health to children, their caregivers, teachers and many others. This educational endeavor brings together thousands of dedicated professionals, healthcare providers, and educators to spread awareness. The ADA website encourages publicizing important oral messages, events and activities during the month of February. Also provided are activity sheets for kids, such as crossword puzzles and coloring pages. Click here to visit the [website](#).

Why is it so important for children to develop good oral hygiene at a young age? Well, establishing these habits early means that person is more likely to continue excellent brushing and flossing as an adult, experience far fewer dental problems in their lifetime, maintain a positive self-image, and perform better in school. Dental decay is the most common chronic childhood disease in the United States and is easily preventable through early education. Through regular visits to the dentist and good at-home oral hygiene, all dental diseases and problems are preventable.

Consider this month to take extra care in assisting to educate your children about oral hygiene.

We Make Kids Smile offers compassionate dentistry for kids. They have locations in Prince Frederick and Waldorf. Click on the banner below to visit their website and consider making an appointment for your child during the month of February!



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