

## Save your looks and bank account with this kitchen ingredient

Posted by [Jacqui Atkielski](#) On 05/12/2016



**HOLLYWOOD, MD--** As much as I love summer and the warmer months, I don't like rough dry skin that comes with increased time outside in the sun or on the beach.

I also don't like spending more than I have to on moisturizer! I usually go for Lancôme or Lush, but when I'm short on supply or money, I head for the kitchen to grab some coconut oil.

It melts really quickly and smells like a Mounds candy bar, but the texture and the smell are worth it. With a dime-sized amount, I can wipe off my eye makeup and moisturize at the same time.

I'm sure you've heard of the many health benefits of coconut oil and the other ways to use it, but this 'jack-of-all-trades' product is a one stop shop for moisturizer, makeup remover and lip balm. It also helps with mild chemical burns and acne scars.

Switching from your standard beauty products to coconut oil will not give your bank account a break, but will help to revitalize your look.

Instead of using these eight products, let coconut oil do the job.

You can replace your daily moisturizer. Coconut oil is known to moisturize the skin just as well, if not better, than most lotions. It's made up of medium chain fatty acids that enhance the moisture barrier of your skin, further protecting it from dryness.

Remove stubborn eye makeup by dabbing coconut oil on a cotton ball. It's a safe and natural alternative to some of the harsh chemicals found in generic makeup removers.

If you plan on making a trip to the beach, don't let the salt water & chlorine take a toll on your hair. Coconut oil contains proteins not found in other hair oils, helping hair retain its natural moisture and make it stronger.

You can mix coconut oil with less than a teaspoon of sugar to exfoliate cracked lips, and use it to tame frizzy hair with a dime size drop of the oil. You can also use coconut oil as a wrinkle Cream. Apply under eyes to help prevent wrinkles from the sun and hydrate the skin.

Have you ever tried oil pulling? By swishing a tablespoon of coconut oil in your mouth for 10-15 minutes a day, you'll have a brighter smile and even improved oral health.

You can also use coconut oil for shaving cream! Not only can coconut oil replace shaving cream, but it also soothes sensitive skin as an added bonus. Razor burn be gone!

Jacqui Atkielski can be contacted via email at [j.atkielski@thebaynet.com](mailto:j.atkielski@thebaynet.com)

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