

I Un-Friend You

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Hollywood, MD - In the days before the Internet and social media, being friends with someone meant you spoke in person, letter or over the phone. Now, with Facebook among other social media outlets, it seems the easiest way to keep in touch with friends; more so, how to stop being friends with someone.

If you tell a friend or family member you were too busy to call, it's considered completely understandable. However, if you don't accept a friend request or answer a post, people are all up in arms. If you un-friend someone on Facebook, you're officially not friends in real life. What a passive aggressive way to tell someone you're angry or maneuvering around a human interaction where you could possibly work out a problem. A Facebook action is more powerful than the spoken word.

Of course, anyone that knows anything about Facebook realizes this is the ultimate stalking tool on the Internet as it is anonymous if you look at someone's page. So you can un-friend someone and still keep track of what they're doing on a daily basis. We give out our pictures, phone numbers, work information along with a whole lot of other personal information.

What has our culture come to? We are constantly accessible without the need for actual human interaction. We seek likes more than verbal compliments, we comment instead of calling on someone's birthday and we believe everyone wants a filtered picture of everything we eat. Unless you own a restaurant, stop it.

In the end, we have turned to the internet as a crutch to avoid confrontation, unpleasant conversations and even break ups. We need to get back to the basics and realize that as humans, we need other humans in our lives. Grow up and get off the web to deal with your problems.

Do you believe we've taken social media too far in our lifestyles?

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