

Celebrate National Hot Buttered Rum Day

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Depending on where you are on this January day, it may be warm, chilly, cold or very cold. Enjoying a hot buttered rum drink would sure be a good way to warm up if you are in one of the later three of those options. Join together with thousands of others across the United States, as they celebrate National Hot Buttered Rum Day, an annual January 17th occurrence.

A mixed drink containing rum, butter, hot water or cider, sweetener and spices (typically cinnamon, nutmeg and cloves), hot buttered rum is especially popular during the fall and winter months and is sometimes associated with the holiday season.

In the United States, hot buttered rum's history dates back to the colonial days. It was in the 1650s when Jamaica began importing molasses to Colonial America. New England began opening distilleries where the colonists then began adding distilled rum to hot beverages such as toddies and nogs, creating hot buttered rum, eggnog and others.

Hot buttered rum is often made by blending a buttered rum batter with dark rum. Dark rum is rum which has been barrel aged for a long length of time to retain a deeper, molasses flavor. Those that prefer a more mild or a spicier taste, may choose the option of using light rum or spiced rum mixed with the batter.

Surprise your friends by making this "tried and true" [Hot Buttered Rum Quick Bread recipe](#).

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