

## MedStar St. Mary's Hospital nationally recognized as a Best Maternity Care Hospital by Newsweek

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**LEONARDTOWN, Md.** – MedStar St. Mary's Hospital has been named to Newsweek's 2020 list of Best Maternity Care Hospitals. The distinction recognizes facilities that have excelled in providing care to mothers, newborns, and their families, as verified by the 2019 Leapfrog Hospital Survey.

"Patient safety is at the heart of all we do," said Christine Wray, president of MedStar St. Mary's. "Following best practices and evidence-based procedures, we strive to provide the highest quality care for all patients. We're also committed to providing a positive patient experience—most recently by completing major renovations on suites in the Women's Health & Family Birthing Center. It's very important to us that our patients feel safe, supported, and comfortable during their stay."

Hospitals named as a Best Maternity Care Hospital have fully met The Leapfrog Group's standards for maternity care on evidence-based, nationally standardized metrics. This includes lower rates of early elective delivery, NTSV C-section, and episiotomy, as well as compliance with process measures including newborn bilirubin screening prior to discharge and blood clot prevention techniques for mothers delivering via C-section.

"Best Maternity Care Hospitals showcases an elite group of hospitals from across the country. These facilities stand out for the care they provide to women and families, and for giving babies a strong start to life," said Nancy Cooper, global editor in chief of Newsweek. "Particularly in these uncertain times, we are honored to share this list of top-ranked facilities with Newsweek's readership."

Best Maternity Care Hospitals is part of Newsweek's Best Health Care series, powered by data from The Leapfrog Group. MedStar St. Mary's Hospital was one of only three hospitals in Maryland and 250 nationwide to receive this accolade. Learn more and view the full list by visiting [Newsweek.com/best-maternity-care-hospitals-2020](https://www.newsweek.com/best-maternity-care-hospitals-2020).

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