

## Celebrate the Bounty of Summer by Eating Fresh and Local all Season Long

Posted by [TBN\(Staff\)](#) On 06/26/2020

**PRINCE FREDERICK, Md.** – Summer is here and Calvert County’s farmers markets and farm stands are full of delicious seasonal produce, meats and other local products. The Calvert County Department of Economic Development reminds citizens that there are endless ways support local farmers despite the challenges of the COVID-19 pandemic.

### **Pledge to Eat Fresh Every Day During Buy Local Week**

In conjunction with the state of Maryland and the Southern Maryland Agricultural Development Commission, Calvert County will celebrate the bounty of local agricultural products during Buy Local Week, July 18-26, by highlighting the benefits of buying local products from area farms, online farmers markets, farm stands and watermen.

“Now, more than ever, local farmers, businesses and watermen need the support of our community,” said Economic Development Director Kelly Robertson-Slagle. “Through the Buy Local Challenge, we encourage citizens to explore the incredible offerings grown and produced here in our county all year long.”

County residents are encouraged to take the pledge to eat at least one item every day from a local farm during the week. Add one or two local items a day to your meals – perhaps fresh eggs and bacon with breakfast, a snack of local fruit or veggies, a glass of local wine or some Chesapeake Bay blue crabs caught by a local waterman.

### **Check Out a Farmers Market**

Visit the drive-through farmers market in Prince Frederick every Tuesday from 2:30-6:30 p.m. through Nov. 24, 2020 at the CalvertHealth Medical Center located at 130 Hospital Road. Find local produce, meat, bedding plants (vegetables and herbs) and more, while maintaining a safe social distance from vendors and other citizens.

Patrons should remain in their vehicles at all times and vendors will deliver products directly through the driver’s side window. Per Gov. Hogan’s executive order, vendors are required to wear a face covering.

### **Sign Up Online to Purchase Direct from a Farmer**

Calvert County’s agriculture community has found new and innovative methods to continue offering produce, meats and products all season long. Citizens are encouraged to visit <https://sourcewhatsgood.com/> to register and purchase directly from local farmers and vendors. Find pick-up locations throughout the county or opt-in for limited delivery options.

Residents are also encouraged to visit the county’s many [roadside stands](#) during throughout the summer. For more information about where to purchase local produce, meats and other products, visit [www.calvertag.com](http://www.calvertag.com). To learn more about Maryland’s Buy Local Challenge and to get recipes, visit [www.buylocalchallenge.com](http://www.buylocalchallenge.com).

For more information about the Calvert County Department of Economic Development, Calvert County sites and attractions and the services available to assist county businesses, call 410-535-4583 or 301-855-1880, send an email to [info@ecalvert.com](mailto:info@ecalvert.com) or visit online at [www.ecalvert.com](http://www.ecalvert.com).

Find information on Calvert County Government services online at [www.CalvertCountyMd.gov](http://www.CalvertCountyMd.gov). Stay up to date with Calvert County Government on Facebook at [www.facebook.com/CalvertCountyMd](https://www.facebook.com/CalvertCountyMd).

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