

Free Parent Workshop: Conscious Discipline “Raising 21st Century Children”

Posted by [TBN\(Staff\)](#) On 11/13/2019

Leonardtown, MD – Parents, grandparents, and childcare providers of young children are invited to a **FREE** parent workshop on **Monday, November 18, 2019, from 5:30-7:30 p.m.** at the Lexington Park Library. Childcare will be available and light refreshments will be provided.

This workshop focuses on Social-Emotional Learning and is part of the research based Conscious Discipline program developed by Dr. Becky Bailey. Conscious Discipline is a proven comprehensive approach that empowers parents and caregivers with skills that create a safe, connected, problem solving environment for families.

Master Conscious Discipline Instructor Amy Speidel presents “Raising 21st Century Children.” The world is a different place than when we were growing up. Our children face conflicts and challenges at a rapid speed. We upgrade our technology and now it’s time to upgrade our parent tool box so that our children have all the tools they need as they build relationships and responsibly solve problems. We want to give you the tools to change your world and shape your child’s behavior.

For more information, please contact Tammy Parsons at tjparsons@smcps.org or register at <https://tinyurl.com/ww7oy9d>.

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