

CSM Prince Frederick hosts free community health assessment fair

Posted by [Alan Van Wormer](#) On 12/01/2018

PRINCE FREDERICK, Md. - The community is encouraged to take advantage of free health screenings and tour the College of Southern Maryland's (CSM) Prince Frederick Campus during its Health Assessment Fair Dec. 4. Participants can also sample exercise classes and talk with health and fitness experts about good nutrition and overall wellness.

Learn how CSM can help in your quest for a healthier quality of life. The free fair will be held Tuesday, Dec. 4 from 10 a.m. to 1 p.m. in Building B, Rooms 103 and 104. The CSM Prince Frederick Campus is located at 115 J.W. Williams Road.

Call 443-550-6000, ext. 6168 for more information.

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