

Staats tops the field at 'Step-by-Step'

Posted by [TBN Editor](#) On 11/13/2018

Anna Staats topped the field at the 2018 Step-by-Step 5K

Solomons, MD - The 18th running of the Step-by-Step 5 kilometer run/walk hosted by the Calvert Alliance Against Substance Abuse (CAASA) was held Saturday, Nov. 3 in Solomons. The race started and finished at Calvert Marine Museum (CMM). The course covers much of scenic Solomons Island.

The annual 5K is run in memory of Michael Blackwell, a Calvert resident and avid runner, who was struck and killed by a motor vehicle on Broomes Island Road in early 2001. The race has been run every November since his tragic death as a way to remember him and raise money for CAASA's programs.

Anna Staats, 19, crossed the finish line first, recording a time of 18 minutes and 40 seconds. Joe Dowgiallo, 35, finished second, logging a time of 20 minutes and seven seconds. The third-place finisher was Leanne Powers, 32, with a time of 21 minutes and 36 seconds.

While the field was small—52 participants—it was a fairly seasoned group. Six of the participants were 70 years of age or older. As she always is, Blackwell's widow, Bonnie, was at the starting line to thank the runners and walkers for their participation. She was also at the post-race awards ceremony handing out medals to the various age/gender category winners.

For the first time ever, the Step-by-Step 5K included a preliminary event, the "Super Hero Dash." Children ages 6 and under were eligible to participate in running a half-mile course on property CMM recently purchased. The top finishers received medals and the youngster wearing what the judges deemed was the best Super Hero costume received a \$25 gift card.

For complete race results, visit the Chesapeake Bay Running Club [web site](#).

Contact Marty Madden at marty.madden@thebaynet.com

Copyright © 2019 thebaynet.com. All rights reserved.